

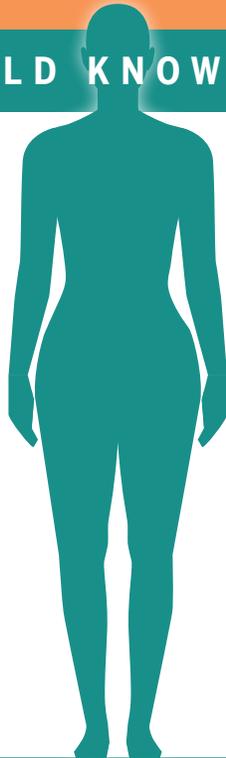
PROTECT AND PREVENT

# Zika Virus Infection



## WHAT WOMEN SHOULD KNOW! | ZIKA VIRUS SYMPTOMS

- Zika is spread through the bite of an infected mosquito
- Zika can be spread by an infected woman to her sex partners through any kind of unprotected sex
- **If a woman becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or her baby may be born with serious birth defects**
- There is no medicine to treat Zika or vaccine to prevent Zika



FEVER



RASH

JOINT PAIN



RED EYES

**MOST PEOPLE DON'T KNOW THEY HAVE ZIKA. THE ILLNESS IS USUALLY MILD WITH SYMPTOMS LASTING SEVERAL DAYS.**

## ZIKA CONSIDERATIONS FOR WOMEN

### WOMEN WHO ARE PREGNANT

- Pregnant women should not travel to areas with on-going Zika outbreaks
- Use condoms for all sexual activity if your partner may have Zika or been exposed to Zika

**-OR-**

- Don't have sex during your pregnancy

### WOMEN CONSIDERING PREGNANCY

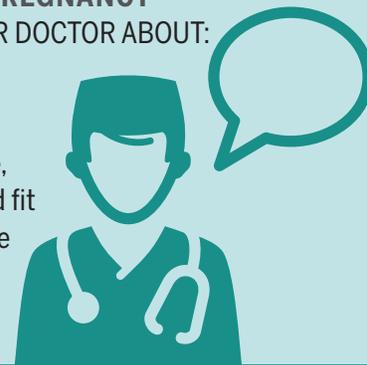
TALK TO YOUR DOCTOR ABOUT:

- Plans for having children
- The potential risk of getting Zika during pregnancy
- Your partner's potential exposure to Zika

### WOMEN WISHING TO AVOID OR DELAY PREGNANCY

TALK TO YOUR DOCTOR ABOUT:

- Options for birth control that are safe, effective and fit your life style



## PROTECT AGAINST



## MOSQUITO BITES

- Use EPA-registered insect repellents containing **20%-30% DEET** (follow label directions)
- Wear long sleeves, long pants and socks
- Wear permethrin-treated clothing
- Stay in places with air conditioning or tight-fitting window and door screens
- **Tip 'n Toss:** eliminate standing water around your home and yard

**Find out what it takes to stop Zika**  
**Please visit [dph.georgia.gov/zika](http://dph.georgia.gov/zika)**

