

See reverse side for complete EXERCISE SCHEDULE !!

PO Box 598  
201 Recreation Rd  
Dawsonville, GA  
30534

**August 2011- Events**  
Dawson County Senior Center

Phone: 706-344-3700  
Fax: 706-344-3702  
www.dawsoncounty.org  
(community activities)



**FUN AUGUST FACTS:**

**Birthstone:** Jade  
**Flower:** Gladiolus  
**Astrological Signs:**  
**Leo:** July 23—August 22  
**Virgo:** August 23—Sept 22

**Friday, August 12, 12:00**

Tugaloo Home Health Agency will be here with guest speaker, Dr. Charles DeCook who specializes in **orthopedic surgery**. (Hip and Knee Replacement) He specializes in anterior hip replacement for all ages and will give a brief presentation on that surgery and will then be available to answer open and individual questions.

**NSL 2011 Wii BOWL NATIONAL CHAMPIONSHIPS**

**Good Luck to our team!!**  
*Rachel Padgett, Kathryn Croft, Buoi Le, Carolyn Hayes,*  
*Subs: Betty Barker, Linda Bearden, Dottie Wakefield*

League play begins the first week in August and runs for 5 weeks followed by 3 weeks of playoffs.

**Wal-mart Shopping**  
**August 10**  
**August 24**

**Movie/dessert at Cornerstone Church will resume next month !**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii	2 9:00 Refreshments /coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Games	3 9:00 Refreshments/coffee, 11:00 Lunch 12:00 -1:00 BINGO 1-2:00 Wii, Puzzles, Cards	4 9:00 Refreshments/Coffee 11:00 Lunch 12-1:00 Bible Study (Optional)_ 12-2:00 Puzzles, Cards, Wii game	5 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii 10:00-12:30 PAINTING	6
7	8 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii	9 9:00 Refreshments /coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Games	10 9:00 Refreshments/coffee, 11:00 Lunch 12:00-2:00 <u>Shopping/WalMart</u>	11 9:00 Refreshments/Coffee 11:00 Lunch 12-1:00 Bible Study (Optional)_ 12-2:00 Puzzles, Cards, Wii game 12:00-3:00 PAINTING	12 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00 Tugaloo Home Health Dr. Charles DECook speaking 1:00-2:00 Puzzles, Cards, Wii 10:00-12:30 PAINTING	13
14	15 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii	16 9:00 Refreshments /coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Games	17 9:00 Refreshments/coffee, 11:00 Lunch 12:00 -1:00 BINGO 1-2:00 Wii, Puzzles, Cards	18 9:00 Refreshments/Coffee 11:00 Lunch 12-1:00 Bible Study (Optional)_ 12-2:00 Puzzles, Cards, Wii game 12:00-3:00 PAINTING	19 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii 10:00-12:30 PAINTING	20
21	22 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii	23 9:00 Refreshments /coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Games Wii Game Time	24 9:00 Refreshments/coffee, 11:00 Lunch 12:00-2:00 <u>Shopping/WalMart</u>	25 9:00 Refreshments/Coffee 11:00 Lunch 11:30 Birthday Singers/Cake 12-1:00 Bible Study (Optional)_ 12-2:00 Puzzles, Cards, 12:00-3:00 PAINTING	26 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii 10:00-12:30 PAINTING	27
28	29 9:00 Refreshments/coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Wii	30 9:00 Refreshments /coffee 10:00 Independent Exercise Time 11:00 Lunch 12:00-1:00 BINGO 1:00-2:00 Puzzles, Cards, Games	31 9:00 Refreshments/coffee, 11:00 Lunch 12:00 -1:00 BINGO 1-2:00 Wii, Puzzles, Cards	<b>ATTN: Painting Classes Effective July 8, the Painting Classes will be 10:00 -12:30 on Fridays. Thursdays schedule remains 12:00-3:00.</b>		
				<b>Happy Birthday to:</b> <b>Betty Barker—August 2</b> <b>Tom Farrell—August 20</b> <b>Buoi Le—August 23</b> <b>Beatrice Altamura—August 31</b>		