

# Beginner Tai Chi

at Rock Creek Park

## Starting January 9, 2017



### Mondays & Thursdays

5:30-6:00pm

\$50/month\*

Beginner's classes will take place 30 minutes prior to the regular Tai Chi classes on Mondays and Thursdays 6:00-7:00pm. This will allow time to cover the basics and learn Section 1, which generally takes about 4-6 weeks.

Those attending the beginner's classes are encouraged to stay for the regular class at 6:00pm to work on the material learned during the 5:30-6:00pm time-frame.

*\*Fee includes all Monday and Thursday classes for the month and is due at the first class of each month.*

### **Got Questions? Want to Register?**

Contact Sifu Kenneth Jones, Instructor

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