

## 2016 FALL REGISTRATION

### AT ROCK CREEK COMMUNITY ROOM

# PRE-BALLET, *TAP-BALLET*, *Jazz*, *Contemporary* & *Lyrical*



## CLASSES BEGIN OCTOBER 7TH

### **PRE BALLET**                      Fridays    2:30pm-3:15pm                      2.5-3 yrs. & up

The class is a structured program designed for the early development of ballet and movement. It precisely meets the needs and limitations of preschoolers by providing a carefully paced sequence of exercises to develop physical conditioning with poise and grace. Since children naturally respond to music and movement, the activities are presented through music. In the program, children learn self-discipline, listening skills, coordination skills, left and right discrimination, patterns in movement, and pre-ballet. Student will need pink ballet shoes and leotard.

### **TAP & BALLET**                      Fridays    3:15pm-4:00pm                      5 yrs. & up

The class is divided with 20 minutes of tap and 25 minutes of ballet. Since ballet is the basis for all dance technique, the combination of both works hand in hand. The technical training is taught through ballet, which in turn helps teach the proper shifting of weight and patterns in movement for tap. Since children naturally respond to music and movement, all of the activities are executed to fun music. Students will need black tap shoes, pink ballet shoes, pink ballet tights and a leotard.

### **JAZZ**                      Fridays    4:00pm-5:00pm                      8 yrs. & up

Jazz is an exciting dance class that offers a wide range of fun and upbeat movement! Since children naturally respond to music and movement, all of the activities are presented through popular dance music. In the program, the children learn class discipline, listening skills, coordination skills, pattern in movement, and jazz dance technique. Students will be exposed to lyrical, Broadway, and fun "popular" styles of dance. Students will need black jazz shoes, leggings and a leotard.

### **JAZZ/CONTEMPORARY**                      Fridays    5:00pm-6:00pm                      11 yrs. & up

Jazz/Contemporary is an exciting, up beat new technique to the dance world. Contemporary has been seen on shows as "So You Think You Can Dance", "Dance Moms" and "Dancing with The Stars". The classes will focus on strong placement and alignment while balancing lyricism, fluidity, and dynamic athleticism. Centre work will build strength, extension, stamina, endurance, coordination, and flexibility. Students will need black jazz shoes, leggings and leotard.

### **BALLET/LYRICAL**                      Fridays    6:00pm-7:00pm                      11 yrs. & up

Lyrical, like most all forms of dance, is grounded by an extremely strong ballet foundation. Lyrical classes challenge students to use technique along with their acting ability to interpret music and express emotion. Emphasis will be placed on connecting a student's movements and emotions, in an attempt to show the meaning of the music. Lyrical is a very passionate and emotional dance style which tells a story through every movement made. Students will need pink ballet shoes, black jazz shoes, leggings and a leotard.

**\*YEARLY REGISTRATION \$35, MONTHLY TUITION \$54\***

If you have any questions, please contact our office at 470-375-2179  
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