



201 Recreation Rd.
Dawsonville, GA
30534

JULY 2017 ~ Exercise

MARGIE WEAVER SENIOR CENTER

Phone: 706-344-3700

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Mon	Tue	Wed	Thu	Fri
3 10:15-11:15 Senior Swim	4 Closed for Independence Day	5 10:00 ~ Tai Chi (at the gym) 10:15-11:15 Senior Swim	6 9:00 ~ SS Circuit 10:00 ~ SS Classic	7 9:00 ~ Floor Yoga 10:00 ~ Chair Yoga 10:15-11:15 Senior Swim
10 10:15-11:15 Senior Swim	11 9:00 ~ SS Circuit 10:00 ~ SS Classic	12 10:00 ~ Tai Chi (at the gym) 10:15-11:15 Senior Swim	13 9:00 ~ SS Circuit 10:00 ~ SS Classic	14 9:00 ~ Floor Yoga 10:00 ~ Chair Yoga 10:15-11:15 Senior Swim
17 10:15-11:15 Senior Swim	18 9:00 ~ SS Circuit 10:00 ~ SS Classic	19 10:00 ~ Tai Chi (at the gym) 10:15-11:15 Senior Swim	20 9:00 ~ SS Circuit 10:00 ~ SS Classic	21 9:00 ~ Floor Yoga 10:00 ~ Chair Yoga 10:15-11:15 Senior Swim
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