

DAWSON COUNTY SENIOR SERVICES

Dawsonville, GA

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:15-11:15 – Free Swim	3 9:00 – SS Circuit 10:00 – SS Classic	4 4 th of July Holiday – Closed	5 9:00 – SS Circuit 10:00 – SS Classic	6 9:00 – Floor Yoga 10:00 – Chair Yoga 10:15-11:15 – Free Swim
9 10:15-11:15 – Silver Splash	10 9:00 – SS Circuit 10:00 – SS Classic	11 10:00 – Tai Chi (Gym) 10:15-11:15 – Silver Splash	12 9:00 – SS Circuit 10:00 – SS Classic	13 9:00 – Floor Yoga 10:00 – Chair Yoga 10:15-11:15 – Free Swim
16 10:15-11:15 – Silver Splash	17 9:00 – SS Circuit 10:00 – SS Classic	18 10:00 – Tai Chi (Gym) 10:15-11:15 – Silver Splash	19 9:00 – SS Circuit 10:00 – SS Classic	20 9:00 – Floor Yoga 10:00 – Chair Yoga 10:15-11:15 – Free Swim
23 10:15-11:15 – Silver Splash	24 9:00 – SS Circuit 10:00 – SS Classic	25 10:00 – Tai Chi (Gym) 10:15-11:15 – Silver Splash	26 9:00 – SS Circuit 10:00 – SS Classic	27 9:00 – Floor Yoga 10:00 – Chair Yoga 10:15-11:15 – Free Swim
30 10:15-11:15 – Silver Splash	31 9:00 – SS Circuit 10:00 – SS Classic			